Written by John Crumlish Sunday, 12 January 2020 15:47



2019 world parallel bars champion **Joe Fraser** of Great Britain told IG that his and others' view of his gymnastics has been altered since his gold medal-winning performance at last fall's World Championships in Stuttgart.

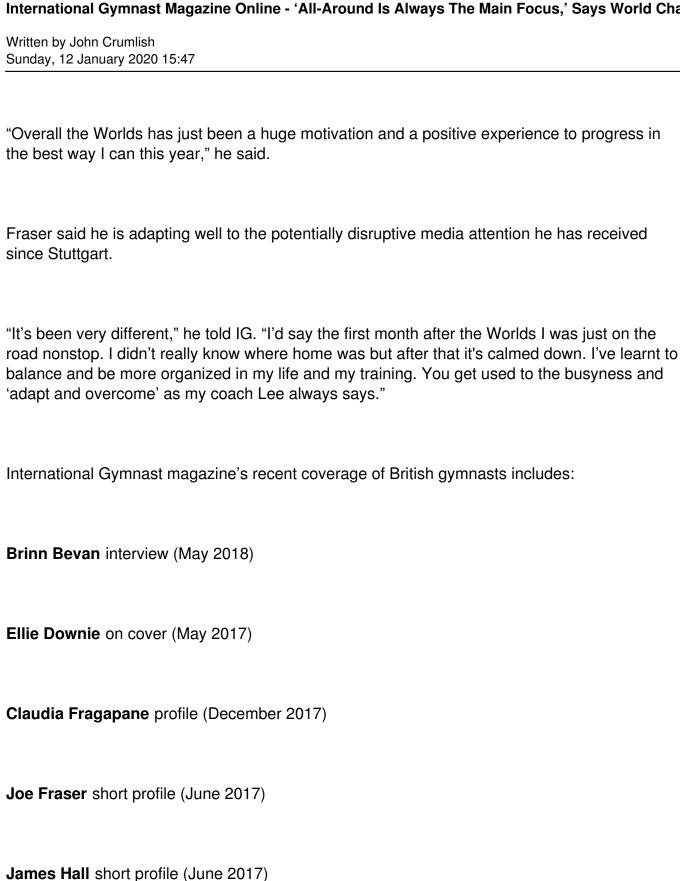
"I think people maybe look at me differently, being world champion," said the 19-year-old Fraser, who is only the third British gymnast to win a world title. "I don't think people can not give you respect for what you've done. I also think people now see me as a parallel bars worker when I would always say I'm an all-arounder that's good on p-bars. Maybe it's now more a p-bars specialist who's a good all-arounder, so maybe that perception has changed."

Fraser's credentials in the past few years confirm that he is also a contender for international all-around medals. He finished fifth all-around at the 2017 European Championships, fourth all-around at the 2019 Europeans and eighth all-around in Stuttgart.

Considering the robust assortment of strong all-arounders and apparatus specialists on the British team preparing for this summer's Olympic Games in Tokyo, the confident Fraser said he hopes his versatility will earn him his spot on the British team at the Games.

"All-around is always the main focus, and I feel success on individual apparatus comes on the back of all-around development," said Fraser, who trains under coach **Lee Woolls** at City of Birmingham Gymnastics Club. "I'm still looking to increase difficulty on all six pieces to get the best scores, but parallel bars is clearly one area I'm looking to make the hardest and cleanest possible."

Victory on that apparatus in Stuttgart has greatly inspired Fraser as he enters 2020.



Coach Scott Hann interview (September 2017)

